



## Letter Tracking Example

The Ann Arbor line of visual perceptual materials has been designed primarily to improve letter recognition and eye movement skills required for reading: short term visual memory and visual discrimination, fixations, left-to-right directionality, peripheral awareness, word recognition, and saccadic eye movements (small, precise jumps from one word to another).

Ann Arbor materials are appropriate for beginning readers, remedial students, and slow readers at all levels. They can be ordered from our web site at [www.AcademicTherapy.com](http://www.AcademicTherapy.com).

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## Letter Tracking: Book 1

This program consists of paragraphs made up of nonsense words designed to improve visual discrimination. The learner is to find the first "a" that he comes to in the first line and either circle it or put a line through "a". Then he is to go on until he finds the first "b" after the "a" which he is able to circle or put a line through and then the first "c" and so on until he has used all of the letters of the alphabet in sequence.

There will be letters in each line that he will need. If the learner goes through an entire line without finding the letter he is looking for, he has made a mistake and must go back and locate the letter he has missed. He will not be able to complete the exercise using all of the letters of the alphabet unless he locates each letter in sequence. In this example the answers have been highlighted in red.

a b c d e f g h i j k l m n o p q r s t u v w x y z

dhoe stil on**a**p cred myf **b**ix mo**c**hez togu  
jod **h**elk pyx wrog zil vuf smolt nik ruz  
**g**amp **h**yb tawp vox sanc quork tuk **b**isy  
**b**aj pazt wren**k** tox dof wabs bulst **m**yzu  
**g**and tew bo**c**er fatz gep**y** bast **q**uck gax  
dich **r**ebaf biz jalf deb **s**etch gek chay  
**h**ukn mib nep bafil **v**ob chone ply **a**wec  
**c**roix ah strel **y**abe mez **g**oelp noch fipt

Exercises consist of full alphabet, upper and lower cases, in four gradually diminishing sizes. Each of the Letter Tracking exercises can be timed, with progress noted on the chart provided at the end of each section. The diminishing times recorded give the learner an additional form of positive feedback and reinforcement. Actual type sizes for the exercises begin at 24 point and decrease to 16 point at the end of the workbook